

## ABOUT THE COACH:

Dr. Dave Holmquist recently became one of the youngest coaches in college basketball history to win 700 games. His overall record in 31 years of coaching is 737-278. His teams have competed in the National Tournament 15 times.

## HOW MUCH?

Tuition is \$200.00 per week (lunch included). Make check payable to:

## Dave Holmquist (Basketball Camp)

Detach and mail the registration form and a *non-refundable* deposit of \$75.00. If possible, please complete the payment balance **BEFORE CAMP STARTS**. If not, the final payment may be made at registration.

## WHERE AND WHEN?

The basketball camp is located on the campus of Biola University in La Mirada. **Final registration will begin at 8:30am on Monday, July 7 and Monday, July 21 in the gym.** The daily camp schedule will run from 9:00am to 4:00pm each day.

*Please bring a water bottle with your name on it to camp each day. For optional swimming in the afternoon, please bring a suit and towel.*



## CAMP FEATURES

**Daily instruction & demonstrations of basketball fundamentals**

**Instruction by experienced Christian coaches and Biola players**

**Emphasis on Christian principles and moral development**

**Indoor Courts**

**Camp T-shirt, Camp Basketball & Family Pass for *FREE* admission to all Men's Basketball home games (except Azusa)**

**Instructional Films**

**Daily Team competition against players of similar ability**

**Q & A sessions designed to answer you questions about basketball, academics, goal setting, scholarships and more**

## CAMP PROGRAM OF INSTRUCTION

### INDIVIDUAL DEFENSE

- Stance and movement
- On Ball Defense
- Help Side Defense
- Deny Defense
- Transition Defense
- Post Defense

### INDIVIDUAL OFFENSE

- Live Ball Moves
- Triple Threat
- Moving Without the Ball
- Passing and Pass Receiving
- Post Offensive Skills
- Zone Offensive Skills
- Shooting (perimeter, post, free throws, 3-pointers)

### REBOUNDING

- Offensive
- Defensive

### GENERAL

- Improving Your Practice Habits
- Motivation and Goal Setting
- Building Relationships



**APPLICATION - Dave Holmquist/BASKETBALL CAMP 2008, 13800 Biola Avenue, La Mirada, CA 90639**

Name: \_\_\_\_\_ Grade in Fall: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Business Phone ( ) \_\_\_\_\_ Home Phone: ( ) \_\_\_\_\_  
Medical Insurance Co.: \_\_\_\_\_ Policy # \_\_\_\_\_

**Any Medical Condition We Should Be Aware Of:**

T-Shirt Size **Adult** Small \_\_\_ Med \_\_\_ Large \_\_\_ XL \_\_\_ XXL \_\_\_ **Email Address** \_\_\_\_\_  
• **Circle Camp** - #1 July 7-11 or #2 July 21-25 - 9:00 a.m. to 4:00 p.m. - Monday through Friday - (\$200 total/\$75 deposit)

*Sign In - Monday, July 7 and Monday, July 21 at 8:30 a.m. in the Gym*

I hereby authorize directors of the **Dave Holmquist/Basketball Camp** to act for me according to their best judgment in the event of any emergency requiring medical attention. I hereby waive and release the Dave Holmquist/Basketball Camp from any and all liabilities for any injuries or illnesses incurred while at camp. I know of no medical, mental or physical problem, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or other charges in connection with his or her attendance at camp. I have read the above regulations of the camp and both the camper and I agree to abide by them.

PARENT or GUARDIAN'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**Biola University**  
Summer Basketball Camp  
13800 Biola Avenue  
La Mirada, CA 90639



# Biola University 2008 Basketball Day Camp

Open to Boys  
Age 8-15

**July 7-11, 2008**  
**July 21-25, 2008**

Biola University  
13800 Biola Avenue  
La Mirada, CA 90639  
562-906-4522